



IFMATM Eastern Iowa Chapter

International Facility Management Association

Web address - <http://www.ei-ifma.org/>

May 2014

2014 Executive Board

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Remember Carpooling:
Use as much as you can & let
Della McGrath know if you would
like to do so; she can make others
in your area aware.

ANNUAL SEMINAR

Date: Friday, May 16, 2014

Time: 9:30 a.m. – 3:45 p.m.

Location: United Fire Group

109 2nd Street, SE

Cedar Rapids, IA

Cost: Cash/Check – Members \$50; Non-members \$75
(includes seminar, lunch, refreshments and parking fees)

Seminar Sessions

(Note: Continuing Education certificates will be available for attendees)

Introduction of all attendees: Name/company/Chapter officers

Mark Nelson, Baker Group – sponsorship presentation

“Recovery – Flood 2008 (Impact on Your Facilities, Business and Community)” – Connie Chapman, Regional Director of Management, Ryan Companies US Inc.

“State of Iowa Capitol Complex: An Operational and Deferred Maintenance Review,” Mark Nelson, Baker Group, Des Moines, Iowa

“Sit-Stand Workstations: Today’s Solution” – Drew Bossen, PT, MBA; Atlas Ergonomics, LLC

“Talking Trash, Technology in Trash and Sustainability” - Brian T. Schreiber, Aspen Waste Systems

Optional: tour of United Fire & Casualty facility

Seminar attendees should use the following entrance to the United Fire Group facility: 109 2nd Street S.E. (next to the American Building & Across from Red’s Public House)
There will be an IFMA sign on the door.

Parking Instructions for FREE Parking:

1. Enter the Convention Center ramp (across 1st AVE from the Convention Center & hotel), pull a ticket upon entry into the parking ramp and park your vehicle
2. Exit ramp on 1 AVE and walk towards the river to 2nd Street
3. Cross 2nd Street and turn left
4. The 2nd building (2 story) on the right is where the seminar is being held.
5. Attend the seminar where each attendee will be given a “Chaser ticket”
6. When you exit the ramp following the seminar, you will put the first ticket in the receptor and then the “Chaser ticket” you were given. This will validate the time parked and open the gate.
7. Exit the parking ramp.

REMINDER – If you RSVP for a meeting and don’t attend or cancel after the RSVP deadline, you will be sent an invoice for the amount of the meeting. We are still responsible to the caterer for the cost of your meal. If you have questions, please let Della know.

RSVP to Della @ dellamcgrath@qwestoffice.net or 319/358-8448 by 3:00 p.m. on Tuesday, May 13th for this event

EI-IFMA SCHOLARSHIP COMMITTEE

EI-IFMA Chapter is seeking volunteers to serve on a Scholarship Committee.

The Scholarship Committee will develop procedures and review applications submitted for the EI-IFMA Scholarship.

Volunteer Activities

The application review process consists of two steps. Initial Review: The Selection Committee members review a pool of applications using established selection criteria and select several top applications. The number of top applicants each member selects will be determined by the Selection Committee in advance of review and will be dependent on the number of applications each member is to evaluate. Final Review: Top applications from the initial review, and any additional applications, are distributed to the full Selection Committee. Selection Committee members review each application using the selection criteria. The full Selection Committee discusses applications and determines the final awardees.

Preferred Volunteer Skills, Expertise and Experience

No experience required. Previous scoring of programs and proposals is useful, but not mandatory. The committee is looking for a mix of new and experienced chapter members.

Volunteer Time Commitment

Varies. Dependent upon number of scholarship applications received, but approximately 5-6 hours per year. Possibly up to 20 hours for the first year while the committee is developing the procedures for the process.

Committee Meeting Frequency: Quarterly (subject to change).

Term of Service: Varies. One year.

How to Volunteer

To volunteer to serve on this committee, email dellamcgrath@gwestoffice.net. Volunteers must be current EI-IFMA Chapter members.

Eastern Iowa IFMA
2013-14 Programs

Date: September 10, 2013

Location: Terry Trueblood
Recreation Area

Date: October 10, 2013

Location: UI Community
Credit Union, North Liberty, IA

Date: November 12, 2013

Location: NewBo City Market
Cedar Rapids

Date: December 10, 2013

Location: New Cedar Rapids
Central Fire Station

Date: January 14, 2014

Networking Meetings
Location: Iowa City
Program: The New Iowa City
Downtown District
Time: 11:30 noon – 1:30 p.m.
Location: Biaggi's, Cedar Rapids
Speaker: Scott Olson, CFM, AIA, SIOR
Commercial Market Overview –
Update on City Issues for 2014
Time: 5:30 p.m. - 7:30 p.m.

Date: February 11, 2014

Program: Westdale Renovation
Location: Westdale Mall

Date: March 11, 2014

Location: New Cedar Rapids
Public Library

Date: April 8, 2014

Location: BHFO, Cedar Rapids

Date: May 13, 2014

No Meeting Scheduled

Date: May 16, 2014

FM Seminar
United Fire & Casualty, Cedar
Rapids

Welcome Back to Returning Members
Dennis R. Smetzer – Horizontal Solutions, Inc. dba
PolishMaxx
and

Steve Drew – Tallgrass Business Resources

Welcome to New Member
Kenneth J. Lukat – Horizontal Solutions, Inc. dba
PolishMaxx

May Membership Anniversaries
Congratulations!!

Tim Bishop, T&M Services, Inc. – 10 years
John D. Burns, Jones Lang LaSalle, Moline - 1 year
Thadd N. Scott, FMP – Pearson – 1 year

IFMA Calendar of Events 2014

Workplace Strategy Summit 2014: Presented by
The IFMA Foundation
June 8-10, 2014
Berkshire, England (London)

IFMA Virtual Career Fair June 11, 2014

September 17-19, 2014 World Workplace 2014
Conference & Expo
New Orleans, LA

The IFMA education department is offering you *even more* opportunities to achieve your professional education goals.

See their website for more details:
<http://www.ei-ifma.org/resources.html>

MAY 16, 2014, SEMINAR SESSION DESCRIPTIONS

9:30 – 9:50 a.m. Introduction of all attendees: Name/company/ Chapter officers

9:50– 10:00 a.m. Mark Nelson, Baker Group – sponsorship presentation

10:00 – 11:00 a.m. Presentation: Recovery – Flood 2008 (Impact on Your Facilities, Business and Community)” – Connie Chapman, Regional Director of Management, Ryan Companies US Inc.

The presentation will focus on the impact of the Flood 2008 (top 5 natural disasters in the U.S.) in downtown Cedar Rapids, Iowa. This flood impacted the Central Business District (key economic impact); many commercial and residential properties; and federal, county and local government facilities.

This session will focus on the Great America building and how the property management team and tenants prepared for a once in a lifetime disaster, what happened during the immediate recovery period, and how private business and facilities pulled it together in order to be operational. Unfortunately, facility managers and businesses are still working on recovery, working to develop emergency and continuity plans in case it happens again. An update for Spring 2014 will be included.

Lessons learned will be offered along with where to seek guidance and information for any facility manager, engineer, architect, risk manager and others. (This is the presentation given by Connie Chapman at the 2013 WorldWorkPlace

More information on the Flood can be found on the following websites:

http://www.nytimes.com/2009/08/28/us/28cedar.html?_r=0

www.cedarrapidsfloodstory.com

www.corridorrecovery.org

11:00-11:15 a.m. - Break

11:15 – 12:00 Noon “State of Iowa Capitol Complex: An Operational and Deferred Maintenance Review,” Mark Nelson, Baker Group, Des Moines, Iowa

In 1996, Governor Terry E. Branstad and Iowa representatives formed the Rebuild Iowa Infrastructure Fund (RIIF). In the late 1990’s, this fund supplied the money necessary to adequately address State of Iowa infrastructure challenges.

Unfortunately, in 2000, money from this fund began being diverted to other State of Iowa needs. A shortage of funds to meet State infrastructure needs continues to this day. Because of this lack of funding deferred maintenance is at an all-time high and continues to escalate. Buildings that were designed to last 75 plus years will only last 40 to 45 years. Equipment worth tens, and in many cases hundreds of thousands of dollars will only last 60% to 80% of its expected life. The most expensive way to manage buildings is to neglect the proper and ongoing care of a building’s infrastructure. This presentation will illustrate through the review of a State of Iowa Capitol Complex building study the necessity for adequate operational and preventive maintenance in order to maintain buildings at optimal performance and to the full extent of their expected life.

12:00 p.m. – 1:00 p.m. Lunch (catered)

1:00 p.m. – 2:00 p.m. Sit-Stand Workstations: Today's Solution
Drew Bossen, PT, MBA; Atlas Ergonomics, LLC

Nearly a decade ago, ergonomist, Stephen Marshall put it plainly:

“The work environments of tomorrow will not be static, or non-moving. Tomorrow's work areas will incorporate surfaces that will easily adjust up or down to suit the needs of the individual. This will be true whether they are 4'11” tall or 6'6"… The ability to dramatically change one's postures, (from sit to stand to sit) should reduce tension and stress, and improve productivity and efficiency. Sitting all day, every day cannot possibly be as good for us. A variety of postures that include both sitting and standing positions have proven to be advantageous when attempting to minimize the risk of work related injuries.”^[2]

Tomorrow is clearly upon us and the body of knowledge for the need for movement within the work environment has become a tsunami of evidence that an organization can no longer ignore. The intent of this webinar is to provide the participant with a comprehensible perspective on the current body of knowledge and provide considerations / guidelines for the future.

You will come away from this presentation:

1. Understanding the implications of the “State of Wellness” within our Nation
2. Understanding the multitude of health benefits associated with regular periods of standing
3. Understanding a rational yet responsible approach to implementation of Sit-Stand Workstations within your environment

2:00 – 2:15 p.m. Break with refreshments

2:15 – 2:50 p.m. “Talking Trash, Technology in Trash and Sustainability” –
Brian T. Schreiber, Aspen Waste Systems

The responsibilities of those that manage waste and recycling streams continues to evolve as cultural and regulatory requirements for these streams also continue to change. Commercial, industrial, manufacturing, distribution, retail, and residential entities all produce a variety of waste and recycling streams that can and should be audited before deciding how to remove them from these properties. The waste professional a business owner or property manager chooses can impact more than just the bottom line. This presentation will touch on technologies available in the trash industry to help manage waste and recycle streams, information and insight that will help better manage those streams and an encouragement to actively work with your trash hauler to achieve the sustainability goals of your building owner and its tenants.

3:00 p.m. Adjourn. Optional: tour of United Fire & Casualty facility

^[2] Stephen A. Marshall; <http://www.ergosci.com/newsletter.html#Page3>

Thank You

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